WHAT IS CLAIMED IS:

1	1. A planar structure expandable into a 3-D structure, the planar	
2		
	structure comprising: first and second spaced side beams which extend along a longitudinal	
3		
4	the of spaced cross-bands which connect the state of	
5	a first set of the cross-bands are expandable in a linst direction	
6 7	substantially perpendicular to the longitudinal axis to form a 3-D structure.	
,		
1	The planar structure as claimed in claim 1, wherein a second	
2	set of the cross-bands are expandable in a second direction substantially opposite the	
3	first direction to form a mesh-like 3-D structure.	
3		
1	The planar structure as claimed in claim 2, wherein adjacent	
2	cross-bands are expandable in the opposite directions to form a mesh-like 3-D	
3	structure:	
3		
1	4. The planar structure as claimed in claim 1, wherein the planar	
2	structure plastically deforms during expansion so that the 3-D structure is free	
3	standing.	
	wherein the planar	
1	5. The planar structure as claimed in claim 2, wherein the planar	
2	structure plastically deforms during expansion so that the 3-D structure has a	
3	and the second s	
	in alaim 2 wherein the 3-D	
	1 6. The planar structure as claimed in claim 2, wherein the 3-D	
	structure is a tubular stent.	
	laimed in claim 1 wherein the planar	
	The planar structure as claimed in claim 1, wherein the planar	
	2 structure includes a conductive foil.	

1	8.	The planar structure as claimed in claim 1, wherein each of		
2	the cross-bands includes a series of folded beams.			
1	9.	The planar structure as claimed in claim 8, wherein the folded		
	beams have an invo	•		
2	beams have an mivo	nute pattern.		
1	10.	The planar structure as claimed in claim 8, wherein the folded		
2	beams have a switc	hback pattern.		
1	11.	The planar structure as claimed in claim 8, wherein each of		
		ludes hinges for interconnecting adjacent folded beams.		
2	the cross-bands inc	rides milges for interconnecting adjacent forded beams.		
1	12.	The planar structure as claimed in claim 1, wherein the side		
2	beams and cross-ba	ands include biocompatible surface coatings.		
		·		
1	13.	The planar structure as claimed in claim 1, wherein the side		
2	beams and cross-ba	ands are made of a biocompatible metal.		
1	14.	The planar structure as claimed in claim 1, wherein the cross-		
2	bands are made of	a shape-memory alloy and wherein the planar structure is self-		
3	expandable.			
1	15.	The planar structure as claimed in claim 1, wherein the side		
2	beams and cross-	bands are made of at least one of a biocompatible and a		
3				
1	16.	The planar structure as claimed in claim 1, wherein the side		
2	beams and cross-b	ands are formed by removing material from a sheet of material.		
1	17.	The planar structure as claimed in claim 16, wherein the sheet		
2		es conductive foil and wherein side beams and cross-bands are		
3	formed by electric discharge machining the conductive foil.			
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1		The planar structure as claimed in claim 1, wherein at least			
2	the first side beam includes a link portion having a mechanical strength lower than				
3	other portions of the first side beam to allow the first side beam to break at the link				
4		sion of the first set of cross-bands.			
		1			
1	19.	The planar structure as claimed in claim 18, wherein the link			
2	portion is thinned rel	ative to the other portions of the first side beam.			
1	20.	The planar structure as claimed in claim 18, wherein the link			
2	portion is made of a fragile material relative to the other portions of the first side				
3	beam.				
1	21.	The planar structure as claimed in claim 18, wherein the 3-D			
2	structure is a helical	coil.			
1	22.	The planar structure as claimed in claim 21, wherein the			
2	helical coil comprise	es at least one electrical inductor.			
1	23.	The planar structure as claimed in claim 21, wherein the			
2	helical coil includes	s first and second spaced rings at opposite ends thereof and			
3	wherein each of the	rings is formed by an adjacent pair of expanded cross-bands.			
1	24.	The planar structure as claimed in claim 23, wherein at least			
2	the first ring include	es a dielectric part which mechanically connects but electrically			
3	insulates adjacent p	ortions of the first ring.			
	. 25	The planar structure as claimed in claim 23, wherein at least			
1	25.				
2	the first ring includes a link portion having a mechanical strength lower than other				
3	at a factor bands to open an electrical path formed by the firs				
4	_	St Set of cross-paries to open an electron pair re			
5	ring.				

1	26. The planar structure as claimed in claim 1, wherein at least			
2	one of the side beams and the cross-bands includes a dielectric part which			
3	mechanically connects but electrically insulates adjacent portions of the at least one			
4	of the side beams and the cross-bands.			
1	27. An assembly comprising:			
2	a planar structure including:			
3	a pair of spaced side beams which extend along a longitudinal			
4	axis; and			
5	first and second sets of spaced cross-bands that connect the			
6	side beams together; and			
7	a balloon mounted on the cross-bands so that adjacent cross-bands are			
8	disposed on opposite first and second sides of the balloon wherein inflation of the			
9	balloon causes the first set of cross-bands on the first side of the balloon to expand			
10	in a first direction and the second set of cross-bands on the second side of the			
11	balloon to expand in a second direction substantially opposite the first direction and			
12	substantially perpendicular to the longitudinal axis to form a mesh-like, 3-D			
13	structure.			
_				
1	28. The assembly as claimed in claim 27, wherein the balloon is			
2	an angioplasty balloon and the 3-D structure is a tubular stent.			
	20 Souther comprising 2			
1	29. The assembly as claimed in claim 28, further comprising a			
2	catheter tube in fluid communication with the angioplasty balloon.			
	discharge machining system to			
1	30. A device for use in a electric discharge machining system to			
2	form an expandable planar structure from a conductive planar workpiece, the device			
3	comprising:			
4	a substrate; and			
5	a planar electrode formed on the substrate and including a pair of			
6	spaced, side electrode members extending along a longitudinal axis to form a pair			
_	of side beems of the structure from the workpiece and a plurality of spaced cross-			

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band electrode members to form a plurality of spaced cross-bands of the structure 8 from the workpiece, the cross-bands connecting the side beams together. 9 The device as claimed in claim 30, wherein the side electrode 31. 1 members and the cross-band electrode members comprise a plurality of copper 2. structures formed by electroplating the substrate. 3 The device as claimed in claim 30, wherein the substrate 1 32. includes a semiconductor wafer and wherein the side electrode members and the 2 cross-band electrode members comprise a plurality of semiconductor structures 3 formed by removing material from the semiconductor wafer. 4 The planar structure as claimed in claim 1, wherein the side 33. 1 beams are substantially straight and continuous. 2 The planar structure as claimed in claim 1, wherein the side 34. 1 beams are substantially straight or continuous. 2 The planar structure as claimed in claim 1, wherein the 3-D 1

structure comprises at least one electrical conductor.